

# ROWING this summer!

# Learn-to-Row Programs & Camps

open to kids grades 8-12 and adults \* no experience necessary

offered by the East Bay Rowing Club

### YOUTH SUMMER CAMPS

**Session 1 — Novice** (no rowing experience) June 11th-15th, 8:00-11:00 am

**Session 2 — Novice** June 25-29th, 8:00-11:00 am

**Session 3 — Novice**July 16-20th, 8:00-11:00 am

**Session 4 — Advanced** (Oakland Tech Varsity or Novices who participated in at least one week of novice camp) July 23–27th, 8:00–11:00 am

Session 5 — Advanced August 6-10th, 8:00-11:00 am

Oakland Tech Varsity rowers may attend the novice sessions at a 50% discount and can expect to row 50% of the time and assist 50% of the time. There is no discount for the advanced sessions.

Register for Youth Rowing Camp at https://eastbayrowingclub.eventsmart.com/events/jmzglcomcast-net/

### ADULT LEARN-TO-ROW SESSIONS

Six days of on- and off-the-water practice to learn the rowing stroke and what it's like to row in a rowing shell.

Session 1: May 6-20 (Sun/Wed/Fri)

National Learn to Row Day: Saturday, June 2

Session 2: June 10-24 (Sun/Wed/Fri)

For more information or to sign up, visit www.eastbayrowingclub.org/learn-to-row/



## All sessions are \$150.

Discounts are offered for Youth Camps for referring a friend who signs up, siblings, and multiple sessions. Scholarships available as needed, upon request.

### Location

Jack London Aquatic Center
115 Embarcadero, Oakland, 94607
(A half mile south of Jack London Square)

The East Bay Rowing Club offers masters (age 22 and up) rowing teams as well as sponsors the rowing team at Oakland Technical High School. The Oakland Tech Rowing Team is open to all Oakland Tech students.